

If you have the following symptoms, go straight to your pharmacy and ask to speak to the pharmacist:

Colds, flu-like symptoms or nasal congestion

Head lice

Haemorrhoids

Acute pain, earache, headache or temperature

Heartburn or indigestion

Infant colic

Diarrhoea

Mouth ulcers

Sore throat

Nappy rash

Cough

Oral thrush

Cold sores

Scabies

Athlete's foot

Sprains and strains

Conjunctivitis

Teething

Constipation

Threadworms

Cystitis

Vaginal thrush

Dermatitis, dry skin or an allergic type skin rash

Bites and stings

Hay fever

To discuss receiving this information in large print or Braille please ring 0800 015 1548.

To discuss receiving this information in other formats please contact:

এই তথ্য অন্য ফর্মাটে পেতে আলোচনার জন্য দয়া করে যোগাযোগ করুন
如需以其他格式接收此信息，请联系

V případě, že potřebujete obdržet tuto informaci v jiném formátu, kontaktujte prosím

આ માહિતી બીજા ફોર્મેટમાં મળવાની ચર્ચા કરવામાટે કૃપાકરી સંપર્ક કરો

Aby uzyskać te informacje w innych formatach, prosimy o kontakt

По вопросам получения информации в других форматах просим обращаться

Ak si želáte získať túto informáciu v inom formáte, kontaktujte prosím

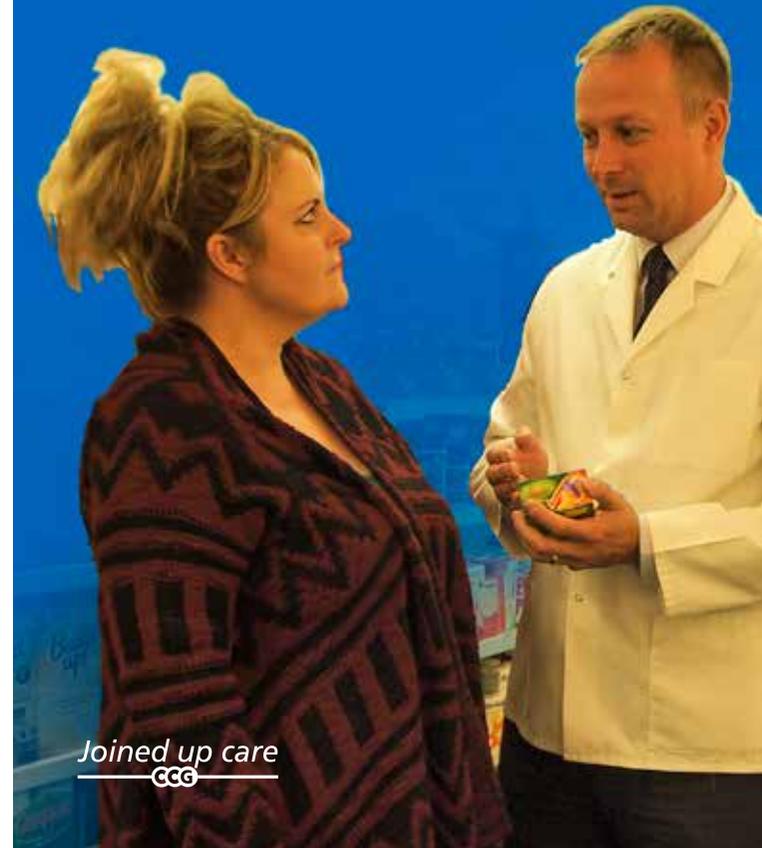
FREEPOST RRYK-KSGT-AGBR,
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Pharmacy First

The right place for advice
and treatment on a range
of minor ailments



Are you suffering from a minor ailment?

If the answer is yes, think about visiting your Pharmacy First.

You don't need to make an appointment to see your doctor or visit an emergency service if you're suffering from many common conditions. You can get advice and treatment from your local pharmacist, and in many cases treatment will be free.

Think Pharmacy First

Pharmacy First Minor Ailments is a service being offered by Community Pharmacies. It means that you can get advice and NHS funded medicines for common, less serious illnesses from a community pharmacist, without having to make an appointment with your GP to obtain a prescription or visit a hospital.

If you don't normally pay for NHS prescriptions, any medicines supplied to you under the Pharmacy First scheme will be free. And if you do usually pay for your prescriptions, the cost of the medicine should be much less than the current prescription charge.

Your pharmacist is a qualified health care professional who can help with your health problems. Anything you discuss with your pharmacist will be confidential, and they will offer you a private space to talk about your symptoms.

What about babies and children?

Your pharmacist can provide treatment for babies and children for certain common conditions such as nappy rash, colic, teething, mouth ulcers and head lice (a full list of conditions is printed overleaf).

Some medicines can only be given to younger children on prescription, and sometimes the pharmacist may need to see your child to make sure the right treatment or advice is given so you may be asked to bring the child in.

Can I go to any pharmacy?

All pharmacies will offer you advice and appropriate treatment for the symptoms listed overleaf, with most pharmacies participating in the scheme to provide certain medicines at NHS expense. If your pharmacy is not participating in this scheme, they will advise of the nearest participating pharmacy.

What should I do if my symptoms persist?

If your symptoms persist, you should seek further advice from your pharmacist or GP. Bring any medication you have been using with you.

